



**DENTAL2000**  
CREATING THE WORLD'S MOST BEAUTIFUL SMILE

# Dental2000 News

*Compliments of Dr. Patel*

## News from the office of:



**Dr. Nimesh Patel**

Welcome to our first newsletter for 2007!

In this issue, we're going back to basics — dental basics that is, and that means talking about toothbrushes, flossing and how to ensure that you achieve and maintain the brightest, healthiest smile possible this year.

If you haven't already booked your next checkup, you may want to do that now. In addition, if, now that the holiday party season is over, you notice that your teeth are stained from too much coffee, tea or red wine, please ask us how easily we can bring the original sparkle back to your smile.

We look forward to seeing you again soon!

All the best,

*Nimesh Patel*

Dr. Nimesh Patel

## Smile Enhancements Continue to Grow in Popularity!



The results from a recent survey held by the American Academy of Periodontology confirm that as cosmetic surgery becomes more and more accepted and popular, so does periodontal plastic surgery. "Smile surgery" is usually well accepted, and respondents to the survey confirmed that by saying they were seven times more likely to have a smile enhancement procedure than a facelift, and five times more likely to proceed with a periodontal procedure over eyelid surgery.

Considering the purpose behind a smile, an astonishing 80 percent of respondents stated that they were not happy with their smile! Knowing that 50 percent of those who answered the survey reported that a smile is the first facial feature they notice in another person, it's not surprising that people are anxious to find out what smile enhancements are available to them.

Here are some common in-office solutions to some cosmetic dental concerns you may have.

Problem: **Stained, discolored or dull-looking teeth**

Solution: **Whitening**

Teeth whitening is one of the easiest, safest and most satisfying procedures you can undergo to improve your smile. Whether your teeth are discolored due to tobacco use, staining foods or drinks, or simply as a result of the natural aging process, we have simple options that will whiten and brighten your smile.

Problem: **Gaps, chips or slightly crooked teeth**

Solution: **Veneers**

Porcelain veneers are wafer-thin porcelain shells that are bonded onto the front side of individual teeth to cosmetically correct a number of different tooth imperfections. They can smooth over most smile flaws in just two or three visits.

Problem: **Gummy smile**

Solution: **Gum reshaping**

Maybe you have an excess of gum covering your front teeth, making them look short and your smile too "gummy." Or perhaps your gums are uneven, making your teeth look like they're different lengths. In these cases you'll be happy to know how easily this common problem can be solved.

These are just some of the smile solutions we can provide for you. Let us help you reveal your perfect smile!

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## Perfect Your Smile With Dental Veneers

If your teeth and gums are healthy, but your smile isn't as perfect as you'd like it to be, you'll be interested in hearing about dental veneers.

Veneers are thin shells of porcelain that are individually crafted to bond onto the front of each tooth to close gaps, hide surface ridges and otherwise correct uneven or chipped teeth. They can even be used in some cases where tooth whitening isn't effective, as a way to whiten and brighten a smile. Veneers provide a quick, attractive and pain-free solution to a number of common cosmetic imperfections.

There are two major advantages to dental veneers:

1. Natural-looking appearance. Porcelain veneers are ceramic and as such duplicate the appearance of natural tooth enamel.
2. Stain-resistant characteristics. If you're fond of coffee, tea, red wine, cigarettes and fruits or other foods with deep, staining colors, you will have even better stain resistance with your dental veneers than with your natural tooth enamel!

Call us today and set a time to talk to us about if dental veneers are an appropriate cosmetic procedure in your case, or if another solution may be more applicable to your situation.

Together, we will find the best way to help you put your most confident smile forward!

## WHAT CAUSES STAINED TEETH?

Our teeth start off naturally bright, unless we were exposed to certain illnesses, medications or a dental trauma at an early age. Over time though, our daily habits affect our teeth to fade and dull our pearly whites. The whiteness of your teeth have probably been affected by at least one of these culprits:

- Foods and drinks that stain, such as coffee, tea, red wine, soy sauce, curry and berries.
- Extremely hot or cold foods or liquids, which cause teeth to expand and contract, allowing stains to penetrate your teeth.
- Acidic foods, which open up the pores in your tooth enamel and allow stains to move more easily into your teeth.
- Thinning enamel, due to age.
- Tobacco, which stains teeth yellow.

Luckily, your choice of professional teeth whitening or veneers provides easy and effective opportunities for you to recapture your bright, white, youthful smile. Please call us today for advice on which method would be most effective for you.

## Dental2000 - Creating the World's Most Beautiful Smiles



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**Office Hours:**  
 Mon. - Thurs.: 9 a.m. - 7 p.m.  
 Sat.: 9:30 a.m. - 4:30 p.m.

### Our Services Include:

- General and Restorative Dentistry
- Cosmetic Dentistry
- General Dentistry
- Natural-Looking Fillings
- Teeth Whitening
- Porcelain Veneers
- Invisible Braces
- Implants
- Crowns

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